



Renewing your vitality since 2003

Platelet-Rich Plasma Treatment

PRP (platelet-rich plasma) treatments are a great regenerative treatment option for patients with chronic injuries that never properly heal and for patients with acute soft tissue injuries.

PRP treatments have been shown to provide pain relief and stimulate healing. PRP can eliminate the need for surgery and prolonged recovery. It may also be used as a treatment for some people that are not good candidates for surgery.

In PRP treatment, the patient's own blood is taken with a simple blood draw. Using a special centrifuge machine available at HealthGAINS, the patient's own blood is spun to separate out the highly concentrated platelets and growth factors that are essential for tissue healing. This small amount of fluid with concentrated platelets and growth factors is then injected back into the problem area.

[PRP therapy](#) can be used with the following soft tissue injuries: Acute and chronic tendon injuries, tendonitis, tendinosis, tendinopathy, tendon tears, epicondylitis, ligament sprains, joint injuries and more.

